

CURRICULUM VITAE

Personal Information

Name: Dr. Rahul Verma

Age: 33 years

Date of Birth: 13/12/1990

Gender: Male

Nationality: Indian

Current Position: DM Addiction Psychiatry resident at National, Institute of Mental Health and Neurosciences, Bengaluru, Karnataka, India (16/8/2021 to 15/8/2024)

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Dr. Rahul Verma
MD Psychiatry
DM Addiction Psychiatry

Educational Qualification

1. Bachelor of Medicine and Bachelor of Surgery (MBBS)

Institute: Mandya Institute of Medical Sciences, Mandya, Karnataka, India

University: Rajiv Gandhi University of Health Sciences, Karnataka, India

Duration: 2009-2015

Marks: 58%

2. Doctor of Medicine (MD) in Psychiatry

Institute: National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru, Karnataka, India.

University: National Institute of Mental Health and Neurosciences, Bengaluru, Karnataka, India

Duration: 2017-2020

Grade: Pass

3. Doctorate of Medicine (DM) in Addiction Psychiatry

Institute: National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru, Karnataka, India.

University: National Institute of Mental Health and Neurosciences, Bengaluru, Karnataka, India

Duration: 16/August/2021 – 15/August/2024

Grade: Pass

Work Experience in Psychiatry		Duration	Place
Academic Resident	Junior	3 years (July 2017-June 2020)	NIMHANS, during MD course in Psychiatry
Non-Academic Resident	Junior	5 Months (July 2020-Nov 2020)	NIMHANS, Bengaluru
Academic Resident	Senior	16, Aug 2021- 15, Aug 2024	NIMHANS, as part of DM Addiction Psychiatry

Current Expertise

Currently working as a senior resident at NIMHANS, Bengaluru as a part of the DM Addiction Psychiatry course (Aug 2021- August 2024). The work involves assessment, diagnosis and treatment of people with substance use disorder and other behaviour addictions. I have experience working with individuals who have co-occurring mental illnesses and substance use disorders. I am also involved in academic presentations as a part of the educational program of the course and teaching MD psychiatry residents during rounds and outpatient services.

Areas of Interest

1. Addiction Psychiatry

2. Emergencies in Addiction Psychiatry
3. Community Psychiatry
4. Behavior therapies in Psychiatry

Resource Person Involved in

1. Speaker on Behavioural Addiction at the virtual knowledge networking tele-session held on 19.10.2021.
2. Speaker of the Sensitization Programme of Tobacco Cessation for doctors and counselors of Jammu, India held on 27th May 2022.
3. Speaker in the CME program on Basics of Addiction Management held on 3rd August 2022.
4. Speaker on Emergency Management in Addiction Psychiatry in Substance Use Treatment Orientation Programme held on November 2022.
5. Speaker on Basics of Addiction Psychiatry for nursing students as a part of their academic schedule.
6. Speaker on Management of Inhalant Use Disorder as a part of Advanced Certificate Course in Management of Addictive Disorder 5.0, Virtual Knowledge Networking on 6 March 2024.
7. Speaker on Alcohol in Body as a part of Certificate course in management of Alcohol Use Disorder, Virtual Knowledge Networking on 20 June 2024.

Publications

1. Co-author of the book chapter Rehabilitation of persons with substance abuse published by Indian Psychiatric Society, South Zonal Branch October 2022. Prabhat k Chand, **Rahul Verma**.
2. Co-author of letter to editor, Agrawal AK, **Verma R**, Das S. Scroll Down Syndrome. J Anxiety Depress. 2022;5 (1):144.
3. Author of case report, **Verma R**, Shukla L. Severe Iatrogenic Extrapyrmidal Symptoms in Opioid Dependence. Journal of Psychiatry Spectrum. 2023 Jul 1;2(2):113-4.
4. Shivaprakash P, Patel V, Shadakshari D, **Verma R**, Shukla L, Mahadevan J, Kandasamy A, Chand PK, Benegal V, Sethuraman L, Sharma P, Murthy P. A descriptive study of hepatitis C in people who inject drugs. Indian J Med Res. 2023 Nov 1;158(5&6):559-564. doi: 10.4103/ijmr.ijmr_2634_22. Epub 2024 Jan 24. PMID: 38084934; PMCID: PMC10878480.

Community Work

1. Training of Hasiru Dala NGO staff in Alcohol, Tobacco and Cannabis Use Disorder- Identification and Management on 7 August 2023.
2. Education programme of Chikkamangluru (Karnataka) prison Inmates about substance use disorder and treatment in 26 September 2023.

Award

Fellowship of Dr. Ramachandra N Moorthy foundation for Mental Health and Neurological Sciences

Refrees

1. Dr. Vivek Benegal, Senior Professor, Centre for Addiction Medicine, Department of Psychiatry, NIMHANS, Bengaluru. vbenegal@gmail.com.
2. Dr. Prabhat K Chand, Professor, Centre for Addiction Medicine, Department of Psychiatry, NIMHANS, Bengaluru. prabhat@vknnimhans.in.